

MAHYCO BLOCK

Patient Guide



Sankara Nethralaya

(A Unit of Medical Research Foundation)
18, College Road, Chennai - 600 006. INDIA
Tel. No. : (+91 44) 2827 1616, 4227 1500 Fax : (044) 2825 4180
Email : appointment@snmail.org
Web : <http://www.sankaranethralaya.org>



Lighten up your looks
&
Brighten up your vision
by
Giving up your glasses



'SANKARA NETHRALAYA LASIK CLINIC'

- ★ Femtosecond Laser Technology
- ★ Simple, Safe and Proven Procedure
- ★ Correct Your Near , Distance Vision and Astigmatism.
- ★ The First Hospital In South India equipped with Wave Light Femtosecond Laser Fx 200 and Wavelight Excimer Laser Ex 500
- ★ Procedure Performed By Experienced Ophthalmologists

**Come get the freedom from wearing your spectacles.
Go for LASIK treatment.**

Sankara Nethralaya LASIK Centre

JKCN Complex, 21, Pycrofts Garden Road, Chennai - 600 006.
email - lasik@snmail.org / visit us at: www.sankaranethralaya.org
Phone: +91 44 2827 1616 / +91 44 4227 1500 / Toll free: 1800 125 8494

LOCATIONS

Sankara Nethralaya has following branches

Chennai - Five Branches

Sankara Nethralaya Main Hospital (SNM)

Old No.18, New No. 41, College Road, Nungambakkam, Chennai 600006.

Bus Routes From Central Railway Station : 10a, 17d, pp 1 7d, 17e, 17k From Chennai Egmore Railway Station : 37E

Jagadguru Kanchi Sri Chandrasekarendra Saraswathi Nethra Nilayam (JKCN)

21, Pycrofts Garden Road (Off Haddows Road) Chennai 600 006.

Bus Routes From Central Railway Station : 10a, 17d, pp 1 7d, 17e, 17k From Chennai Egmore Railway Station :37E

Navasuja Sankara Nethralaya (NSN)

73, Venkatakrishna Road, (Near MRTS Mandaveli Railway Station) R. A. Puram, Chennai 600028.

Bus Routes From Central Railway Station : 21; From Parrys :1, 1C, 1E

C U Shah Sankara Nethralaya (REH)

8,G ST Road, Chennai 600016. (Near STThomas Mount Railway Station)

Bus Routes From Parrys : 52A, 52B, 52C, 18A, 18B, 18C

Sankara Nethralaya -Shenoy Nagar

New No 39, Old No. 19, 1st Main Road, (Near TNSC Bank & Corporation Library) East Shenoy Nagar, Chennai 600030. Ph : 044 2664 1913

Kolkata

Aditya Birla Sankara Nethralaya

No. 147, MukundapurEm By Pass, Kolkata 99. Near PurvaJadavpur Thana

Kamalnayan Bajaj Sankara Nethralaya

Premises No - 25-3333, Plot No-DJ16, Action Area- 2, Kolkata 700156

Sankara Nethralaya - RSM Square

No.10, Raja Subodh mallik Square, Kolkata - 700013, Phone: (033) 64991196/97 / 98
Mob.:09903059720

Tirupathi

Sri Srinivasa Sankara Nethralaya Hospital

TTD Central Hospital, K. T. Road, (Near TTAdmin building) Tirupathi - 517501.

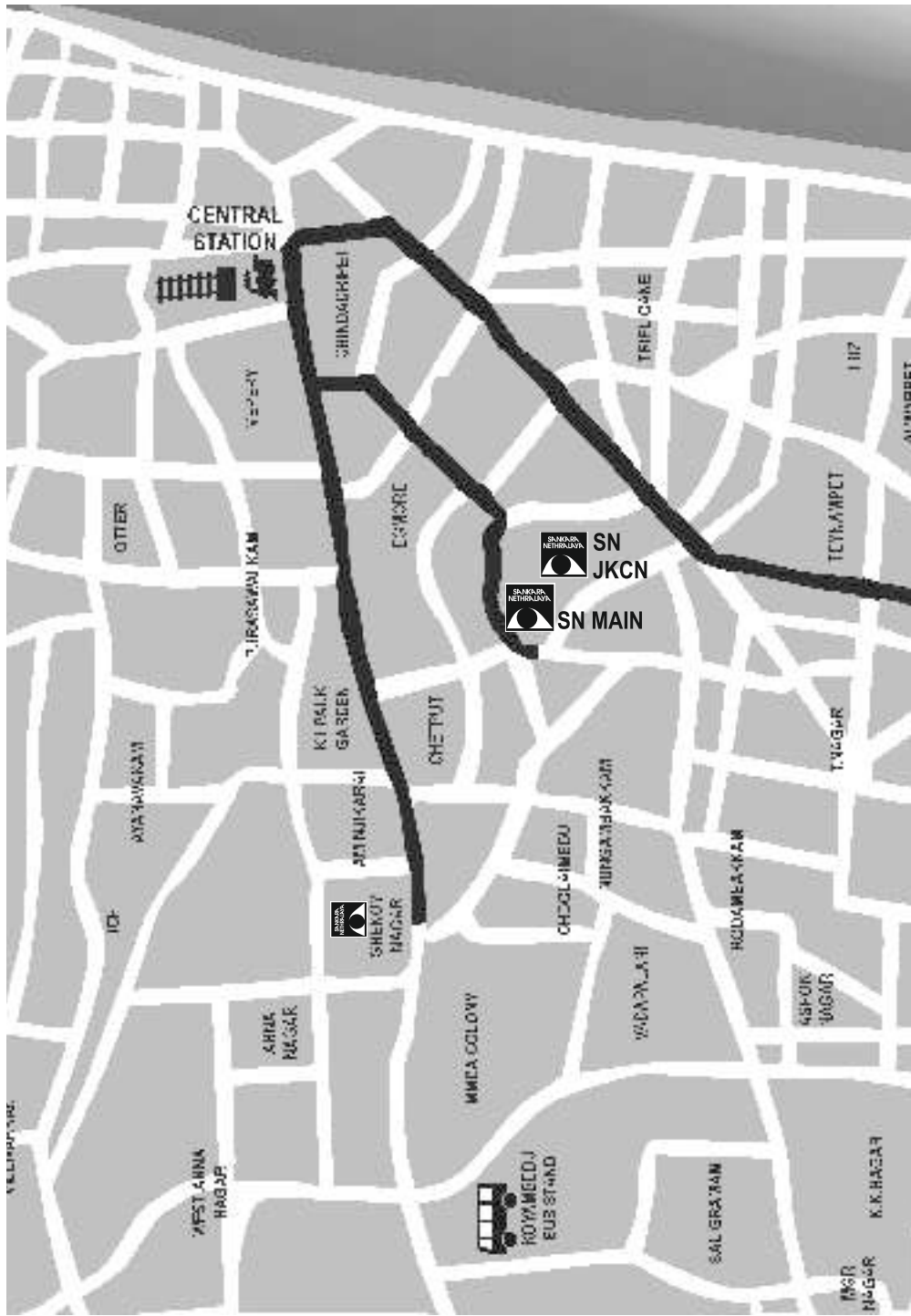
Phone :0877 -2264703

SRICITY

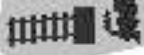
SRICITY Sankara Nethralaya

SRICITY Medical Care Center 305,North 2nd Street,Sector 3,Sricity,Varadaiahpalem Mandal Chittoor
Dist,AP-517541 Phone:08576 308600

KNOW FOR SURE WHERE YOUR APPOINTMENT HAS BEEN SCHEDULED TO SEE YOUR DOCTOR



CENTRAL STATION



SHINDAGHPAI

TRIFL COKE

117

TEYAMPET

OTTER

TRIPURAI KAM

ESMORE



SN JKC



SN MAIN

WATAPUKAM

KI PALK GARDEN

CHETPUT

ANNIYARAI



SHREE NAGAR

CHOLIMEDU

WIPSA THAKKAR

T. NAGAR

ID

SHREE NAGAR

MICA COLONY

WADAPUKAM

HODAMEKKAM

43-PK WAGUR

WEST ANNA HAGAR



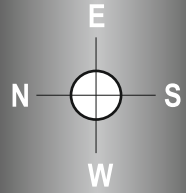
KOYAMEDU BUS STAND

SAL GRAMAM

K.K.HAGAR

MGR HAGAR

CHENNAI



Route map
for the
different
units of
Sankara
Nethralaya
located in
Chennai.

Sankara Nethralaya Main Hospital (SNM)

☎ : 044 2827 1616 / 4227 1500 📠 : 044 2825 4180

In person: contact the reception staff, ✉: appointment@snmail.org

Web site: www.sankaranethralaya.org

Out patient services:

- Comprehensive eye examination
- Corneal services
- Glaucoma services
- Neuro ophthalmology services
- Ocular oncology services
- Uvea clinic
- Vitreo retinal services
- Pediatric ophthalmology and strabismus services
- Low vision care clinic
- Orthoptic clinic
- Contact lens clinic
- Optical services
- X- Ray department
- Genetic counseling clinic
- Echo cardiography Orbit and oculoplasty services

Sunday:

Weekend Outpatient consultation with prior appointment between 8am to 1pm

Evening Outpatient consultation with prior appointment on week days between

Monday to Saturday from 4PM to 7PM

Ocular investigational facilities:

1. Glaucoma

- Computerized field testing (Automated perimetry) (HVF)
- GDx Nerve Fiber Analyzer (GDx)
- Ultra sound bio-microscopy (UBM)
- Anterior Segment Optical Coherence Tomography (ASOCT)
- Heidelberg Retinal Tomography (HRT)
- Pachymetry

2. Vitreo retinal service

- Ultrasonography (USG)
- Ultrasound Biomicroscopy (UBM)
- Fundus fluorescein angiography (FFA)
- Indo-cyanin green Angiography (ICG)
- Electro diagnostic tests. Including ERG, EOG & VER
- Optical Coherence Tomography (OCT)

- Micro Perimetry

3. Visual Psychophysics

- Contrast Sensitivity
- Color Vision — FM 100 hue test
- Orthoptic Evaluation

4. Others

- Digital biometry (IOL master as well as A- scan) for accurate IOL power calculation
- Potential Acuity Meter (PAM)
- GIFT OF VISION. Do you know you can give vision to to blind people after your death through your relatives. Pledge your eyes to serve a noble cause. For details contact Eye bank Phone No. 2828 1919
- International Patient services contact PRO Mob. No.9383571414.
- Any assistance /Queries contact Floor Co-ordinator /Roving Ambassadors

Support departments and facilities:

- Clinical laboratory (departments of biochemistry, microbiology, pathology, hematology and genetics).
- Drug counter
- Utility shop for your day-to-day necessities
- Patient relation department
- International patient services
- Surgery fixing department
- Transport facilities between different locations in Chennai- Regular shuttle trips are provided to transport patients to JKC in Chennai. The timing of the trips is displayed prominently.
- SWAN (Sankara Nethralaya women's auxiliary)- a voluntary registered organization- The SWAN volunteers offer help especially to outstation patients.
- Telephone facilities: STD, ISD and Local call booth is available within the premises
- Canteen: The canteen supplies clean vegetarian food at nominal price. Special requirements for diabetics are addressed.
- Coffee shop supplies Coffee /Tea and snacks from 7.00 am to 8.00 pm.

In Patient services:

- 1. Day care surgeries:** Many patients requiring cataract surgery, glaucoma surgery, squint surgery etc may be admitted and discharged the same day of surgery. These day care surgery patients are admitted in two batches- at 8 am and 11 am. Payment for surgeries is done immediately after the physician clearance is obtained. The preoperative instructions will be given by the floor secretary.
- 2. Short stay procedure:** Examination under anesthesia, intra vitreal injections etc may be done in the operation theatre but the stay of the patient will be for a short period. Depending upon the scheduled time of procedure, the patient may be called a few hours before.
- 3. Overnight admissions:** Usually patients undergoing vitreo-retinal surgeries or orbital surgeries are admitted the previous day afternoon. Following the surgery, they will be observed overnight and discharged next day morning. Patients for whom surgery is scheduled next day early morning are also admitted the previous day after noon.
- 4. Number of attendants**
 - In the special rooms, one attendant is permitted normally and is mandatory.
 - In special situations, a second attendant is permitted such as in small children, physically / mentally challenged patients.
 - In the general ward no attendant is permitted routinely. The exceptions are in case of patients with poor vision in both eyes, children below 16 yrs of age, elderly patients needing help to go to toilet etc. The permission for attendant should be obtained from the treating consultant.
 - General Visiting Hours 4.00 pm to 8.00 pm

Jagadguru Kanchi Sri Chandrasekarendra Saraswathi Nethra Nilayam (JKCN)

☎ :044 2827 1616/4227 1500, 📠: 044 2825 4180

✉: appointment@snmail.org , Web site: www.sankaranethralaya.org

In person: contact the reception staff

Out patient services:

- Comprehensive eye examination
- Corneal services
- Ocular surface clinic
- Refractive surgery unit (LAST K)
- Vitreo retinal services
- Contact lens clinic
- Optical services

Ocular investigational facilities:

1. Cornea

- Keratometry
- Aberrometry
- Corneal Topography
- Pachymetry
- Specular Microscopy
- Pentacam

2. Glaucoma

- Automated perimetry (HVF)

3. Vitreo retinal service

- Ultrasonography (USG)
- Optical Coherence Tomography (OCT)
- Fundus fluorescein angiography (FFA)

4. Visual Psychophysics

- Color Vision — FM 100 hue test

5. Others

- Digital biometry (IOL master as well as A- scan) for accurate IOL power calculation
- Potential Acuity Meter (PAM)

Support departments and facilities:

- Basic Clinical laboratory is supported by departments of biochemistry, microbiology, pathology, hematology and genetics at SN Main campus. Special diagnostic tests are performed for rare conditions
- Drug counter
- Utility shop for your day-to-day necessities
- You are requested to meet the pro in the Ground floor for any problem. Please take time and fill the customer feed back form, to help serve you better
- Surgery fixing department- coordinates the scheduling of surgery for all consultants.
- Transport facilities between JKCN and SNMain - Regular shuttle trips are provided to transport patients. The timing of the trips is displayed prominently.
- SWAN (Sankara Nethralaya women's auxiliary)- a voluntary registered organization- The SWAN volunteers offer help especially to outstation patients.
- Telephone facilities: STD, ISD and Local call booth is available within the premises

- Canteen: The canteen supplies clean vegetarian food at nominal price. Special requirements for diabetics are addressed.
- 10.Coffee shop supplies Coffee/Tea and snacks from 7.00am to 8.00 pm.

In Patient services:

1. **Day care surgeries:** Many patients requiring cataract surgery, glaucoma surgery, squint surgery etc may be admitted and discharged the same day of surgery. These day care surgery patients are admitted few hours before surgery. Payment for surgeries is done immediately after the physician clearance is obtained. The preoperative instructions given by the secretary in surgery fixing centre.
2. **Short stay procedure:** Examination under anesthesia, intra vitrea I injections etc may be done in the operation theatre but the stay of the patient will be for a short period. Depending upon the scheduled time of procedure, the patient may be called a few hours before.
3. **Overnight admissions:** Usually patients undergoing vitreo-retinal surgeries or orbital surgeries are admitted the previous day afternoon. Following the surgery, they will be observed overnight and discharged next day morning. Patients for whom surgery is scheduled next day early morning are also admitted the previous day evening

4. Number of attendants

- In the special rooms, one attendant is permitted normally and is mandatory.
- In special situations, a second attendant is permitted such as in small children, physically/ mentally challenged patients.
- In the general ward no attendant is permitted routinely. The exceptions are in case of patients with poor vision in both eyes, children below 16 yrs of age, elderly patients needing help to go to toilet etc. permission for attendant should be obtained from the treating consultant.

General Visiting Hours 4.00 pm to 8.00 pm

Navasuja Sankara Nethralaya (NSN)

☎: 044 24951717/2462 0352/24610118, 📠: 044 24619396

✉: navasuja@snmail.org, Web site: www.sankaranethralaya.org

In person: contact the reception staff

Out patient services:

- Comprehensive eye examination
- Glaucoma Services
- Neuro Ophthalmology services
- Orbit and oculoplasty services
- Vitreo retinal services
- Aesthetic services
- Pediatric ophthalmology and strabismus services
- Contact lens clinic
- Clinic for computer users
- Weekend Outpatient consultation with prior appointment between 8am to 1pm

Ocular investigational facilities:

1. Glaucoma

- Automated perimetry (HVF)
- Pachymetry

2. Vitreo retinal service

- Fundus fluorescein angiography (FFA)

3. Visual Psychophysics

- Color Vision —FM 100 hue test

4. Others

- Digital biometry (IOL master as well as A-scan) for accurate IOL power calculation
- Potential Acuity Meter (PAM)

Support departments and facilities:

- Basic Clinical laboratory is supported by departments of biochemistry, microbiology, pathology, hematology and genetics at SN Main campus. Special diagnostic tests are performed for rare conditions
- Drug counter
- You are requested to meet the pro in the Ground floor for any problem. Please take time and fill the customer feed backform, to help serve you better
- Surgeryfixing department- coordinates the scheduling of surgery for all consultants
- SWAN (Sankara Nethralaya women's auxiliary)- a voluntary registered organization- The SWAN volunteers offer help especiallyto outstation patients.
- Canteen:The canteen supplies clean vegetarian food at nominal rates from 8.00am to 5.00pm

In Patient services:

1. Day care surgeries: Many patients requiring cataract / glaucoma surgery may be admitted and discharged the same day of surgery. These day care surgery patients are admitted few hours before surgery. Payment for surgeries is done immediately after the physician clearance is obtained. The preoperative instructions will be given bythe Surgery fixing department

CU Shah Sankara Nethralaya (REH)

☎: 044 2234 1717/2234 6022, 📠: 044 2234 4474

✉: reh@snmail.org, Web site: www.sankaranethralaya.org

In person: contact the reception staff

Out patient services:

- Comprehensive eye examination
- Medical retina services
- Contact lens clinic
- Orthoptic clinic
- Optical services

Ocular investigational facilities:

- Automated perimetry (HVF)
- Pachymetry
- Color Vision —FM 100 hue test
- Digital biometry (10L master as well as A- scan) for accurate IOL power calculation
- Potential Acuity Meter (PAM)

Support departments and facilities:

- Basic Clinical laboratory is supported by departments of biochemistry, microbiology, pathology, hematology and genetics at SN Main campus. Special diagnostic tests are performed for rare conditions
- Drug counter
- You are requested to meet the pro in the Ground floor for any problem. Please take time and fill the customer feed back form, to help serve you better
- Surgery fixing department- coordinates the scheduling of surgery for all consultants
- SWAN (Sankara Nethralaya women's auxiliary)- a voluntary registered organization- The SWAN volunteers offer help especially to outstation patients.
- Canteen: The canteen supplies clean vegetarian food at nominal rates from 8.00am to 5.00pm

In Patient services:

- Day care surgeries: Many patients requiring cataract /glaucoma surgery may be admitted and discharged the same day of surgery. These day care surgery patients are admitted few hours before surgery. Payment for surgeries is done immediately after the physician clearance is obtained. The preoperative instructions will be given by the surgery fixing department

Please Note : The following may be noted while fixing the appointment

- Confirm the location (SN Main, JKCN, NSN, REH, SNK etc)
- Please quote your MRD number.
- If you know which specialist needs to examine you (Cornea, Retina etc), then please specify the same.
- If you have any choice of Doctors and Dates, please inform them.
- Please do not fix multiple appointments.
- Please report 10 minutes before reporting time.
- One attendant only allowed per patient.
- Some invasive investigation can be done only if you have an attendant.
- We request you to inform us immediately if there is any cancellation of appointments.
- Walk in appointments are available for LASIK and for patients who need cataract surgery.

Some dos and don'ts during admission

- Smoking is strictly prohibited in the premises.
- Chewing of pan and spitting are prohibited.
- Alcohol consumption is strictly prohibited.
- Playing loud music is not permitted.
- Visitors can come only during the visiting hours.
- Pass will be provided to the attendant who is staying with the patient and for visitor.
- Please do not tip the employees.
- All bills should be settled only with the designated staff in the reception.
- Please ask for a receipt for any payment made.
- The patient cannot leave the room / ward without the knowledge of the staff nurse in charge of the ward.
- There is a calling bell next to your bed to call the staff nurse from the nurse station. Please understand that the nurse may be sometimes held up serving the needs of another patient and may take some time to reach you.
- Please do not self medicate. You are expected to hand over the medications you are currently on to the in charge nurse who will administer to you the same according to the time schedule.
- Please collect the discharge summary and take the appropriate instructions from the duty nurse before discharge.
- Instructions on how to clean the eye and how to administer the medication will be taught to you using a video as well as by one of the Nurses.
- Please bring to the notice of the doctor any systemic illness you may have as well as any allergies.

At SN Main & JKCN

- Food can be ordered with the canteen (the previous day) after admission or can call inter com 1802 for the same.
- Breakfast from 10.00 am to 11.00 am.
- Lunch from 01.00 pm to 2.00 pm.
- Dinner from 5.00 pm to 6.00 pm.
- Patients from Chennai may get food from their houses if they wish to do so. The person bringing the food should come in the specified time intervals. Please do not order food from outside hotels and restaurants to be delivered to your rooms.
- STD and ISD calls can be made from the booth located within the premises.

- Do not wash clothes in the bathroom. Use laundry facility if needed.
- Do not waste water.

Patient's Rights:

- To be informed of treatment charges and expected costs.
- To know the names of consultants and care providers.
- Privacy during consultation, examination & medical procedures
- Care without discrimination of race, color, religion, gender, age, nationality and physical or mental disability.
- Protection from verbal, physical, mental and sexual abuse and/or assault.
- Emotional and physical protection for disabled, elderly or a vulnerable child.
- Confidentiality of all the health information.
- Understand the possible benefits or risks or side effects or outcomes of treatment.
- To expect Indian law and culture to be followed regarding withholding/ withdrawal of life - sustaining treatments.
- Refuse treatment.
- Obtain a written 'Discharge Summary' as per hospital policy.
- Obtain a Medical Report and a copy of Medical Test Results as per hospital policy
- To seek a transfer to another facility.
- To get information about the nature of pain and pain relief measures.
- To voice complaints regarding the Care.
- To be informed of the response to complaint.
- Procure informed consent before anesthesia, blood and blood product transfusion and any invasive/ high risk treatment
- Informed consent is mandatory for doing HIV test.
- Patient and family have a right to have an access to his/her clinical records.
- Informed consent before any research protocol is initiated.
- Patient has right to dietary preferences and worship requirements.

Patient's Responsibilities:

- To provide all personal and family health information needed to provide appropriate care
- To provide complete and accurate information including full name and address.
- To participate to the best in making decisions about medical treatment.

- To show respect and consideration to others receiving and providing care
- To observe the facility policies and procedures including those regarding smoking, drinking, noise, number of visitors, visiting hours, and use of mobile phones etc.
- To respect the priority given to emergency and special cases.
- To accept financial responsibility for health care services and settle bills promptly.
- To give general consent for treatment within the hospital and informed consent before surgery and invasive procedures and transfusion of blood and blood products or high risk procedures.
- To treat hospital staff and other patients with courtesy and respect
- To be on time for appointments
- To cancel or reschedule appointments in advance as far as possible so that the slots can be utilized for others
- Not to give medication prescribed for him / her to others
- To provide complete and accurate information for insurance claims and work with the hospital and billing offices to make payment arrangements
- To communicate with the health care provider if the patient's condition worsens or does not follow the expected course
- To follow the prescribed treatment plan and carefully comply with the instructions given
- To attend follow up appointments requested.
- Not to take medication without the knowledge of the consultant
- To provide truthful and complete history.

General Instruction for Cashless Hospitalization

Patient Should Produce the documents 48 hrs before admission for cashless

Preliminary investigation charges including Consultation, Laboratory, ECG, DBR, Etc and Post operative with regard to further investigation are NOT COVERED

If you are Corporate patient you have to submit the following Xerox Copies

- Surgery schedule with date of surgery mentioned.
- Patient's Insurance Card or E-Card
- Employee I.D Card
- Identification proof of patient is mandatory (photo/age); you can provide any one of the following (i.e.) Pan Card, Voter Card, Passport, Driving license, Aadhaar card.

If You are a Individual Policy Holder - you have to submit the following Xerox Copies

- You should have completed three years in case you are applying for Insurance
- Surgery schedule with date of surgery mentioned
- Patient's Insurance Card
- Current Year Policy + Previous Year Policy
- Identification proof of patient is mandatory (photo/age); you can provide any one of the following (i.e.) Pan Card, Voter Card, Passport, Driving license, Aadhaar card.

If You are Tamil Nadu Government Employee / Pensioner - You have to submit following Xerox Copies

- Surgery schedule with date of surgery mentioned.
- Insurance Card
- If Employee unmarried — Should produce unmarried certificate to apply for their dependents
- In absence of Insurance card
 - Employee should provide Annexure 7 form and current pay slip
 - Pensioner should provide Annexure 4 form and optional form.

The following points are applicable to the entire above insurance holder

- Any Change in Surgery Date, Surgery Procedures, and Room or bed changes should be informed to Insurance Help Desk.
- In case surgery is cancelled under unforeseen circumstances the patient will have to bear the cancellation charges, Insurance provider will not bear the charges.
- Patient will have to pay Non Medical expenses and co- payment whenever specified in authorization letter.
- Cosmetics surgery / Congenital disease / Injection Lucentis /Avastin / Yag Capsulotomy (Yag CAPS) and Yag Iridectomy (Yag PI) are not covered under cashless you can opt. for reimbursement.

List of Consultants

Paediatric Ophthalmology

- Dr. Akila Ramkumar (VAR)
- Dr. Kavitha Kalaivani Natarajan (KKV)
- Dr. Meenakshi S (MS)
- Dr. Sumita Agarkar (SAR)
- Dr. T S Surendran (TSS)

Vitreous Retinal Services

- Dr. Aditya Verma (AV)
- Dr. Chetan Rao (CR)
- Dr. Dhanashree Ratra (DAD)
- Dr. Eesh Nigam (ENM)
- Dr. Ekta Rishi (EPR)
- Dr. Girish Shiva Rao (GSR)
- Dr. Jaya Prakash V (VJP)
- Dr. Jaydeep Avinash Walinijkar (JAW)
- Dr. Lingam Gopal (LG)
- Dr. Mohammad Arif Mulla (AAM)
- Dr. Muna P Bhende (MPB)
- Dr. Parveen Sen (PKA)
- Dr. Pradeep S (PDS)
- Dr. Pramod Bhende (PB)
- Dr. Pukhraj Rishi (PR)
- Dr. Rajiv Raman (RRN)
- Dr. Suganeswari G (GSI)
- Dr. Vikas Khetan (VK)
- Dr. Vinata Muralidharan (VTR)

Glaucoma Services

- Dr. Abha Mukund Mashruwala (AHM)
- Dr. Mona Khurana (MAK)
- Dr. Nagalekshmi Ganesh (NLG)
- Dr. Nandhini Sankaranarayanan (NAS)
- Dr. Parivadhini A (AP)
- Dr. Rathini Lilliam David (RLD)
- Dr. Ronnie Jacob George (RG)
- Dr. Shantha B (BS)
- Dr. Sripriya Krishnamoorthy (AVS)
- Dr. Sujata V K (SJA)
- Dr. Susmitha S (SUA)
- Dr. Trupti Sudhir Patil (TSP)
- Dr. Vijaya L (LV)

Uveitis

- Dr. Amala Elizabeth George (AEG)
- Dr. Arshee S Ahamed (ARS)
- Dr. Biswas Jyotirmay (JB)
- Dr. Mamta Agarwal (MAL)
- Dr. Partha Pratio Dutta Majumdar (PMR)
- Dr. Sharanya Sarah Abraham (SAA)
- Dr. Suchitra Pradeep (SPD)
- Dr. Sudha K Ganesh (SKG)
- Dr. Sudharshan S (SSN)
- Dr. Vinita Girish Rao

Community Services

- Dr. Elizabeth Sonu John (ESJ)
- Dr. Gajendra Kumar Verma (GKV)
- Dr. Jeyalakshmi Govindan (JGN)
- Dr. Parameswari C K (CKP)
- Dr. Smita Parveen (SV)
- Dr. Sripriya Krishnamoorthy (AVS)
- Dr. Veena Baskaran (VBN)

Cornea Services

- Dr. Bhaskar Srinivasan (BSN)
- Dr. Iyer Geetha Krishnan (GKI)
- Dr. Meenal Lakshmi pathy (MLY)
- Dr. Nivedhita Narayanan (NVN)
- Dr. Prema Padmanabhan (PP)
- Dr. Radhika N (NR)
- Dr. Rama Rajagopal (RR)
- Dr. Sudhir Rr (RRS)
- Dr. Sweta Agaewal (SAL)

Neuro Ophthalmology

- Dr. Ambika S (SA)
- Dr. Durga Priyadarshini S (DAP)
- Dr. Shikha Bassi (SRB)
- Dr. Smita Parveen (SV)
- Dr. Vidhya Dharini D M (MVD)

Oculoplasty and Orbit Services

- Dr. Bipasha Mukherjee (BPM)
- Dr. Kirthi Koka (KKA)
- Dr. Nirmala Subramanian (NS)
- Dr. Vathsalya Vijay

General

- Dr. Anand K C (KCA)
- Dr. Rajesh P (RPS)
- Dr. Vineet Ratra (VR)
- Dr. Vishnu Vahan Prasan (PVV)

Note : Charges will be explained at surgery scheduling center these rates subject to revision without notice. Charges are approximate, it includes Drugs, Implants, Consumables and GENERAL WARD BED CHARGES. For Special Wards difference in tariff will be collected.

For Cataract with Swadeshi Lens

Cataract Foldable Lens Rs. 10,000/-

Cataract Non Foldable Lens Rs. 5,000/-

For further details contact SFC

Cataract Package rates for economically weaker sections

(Not eligible for any insurance cover)

HOTELS IN THE NEIGHBOURHOOD OF SANKARA NETHRALAYA

Five Star Hotels

1. **Taj Coromandel (Five Star)**
17, Nungambakkam High Road, Chennai - 600 034
☎: 6600 2827
2. **Hotel Chola Sheraton (Five Star)**
10 Cathedral Road, Chennai - 600 086.
☎ : 2811 0101
3. **Hotel Connemara**
Binny Road, Chennai - 600 002.
☎ : 6600 0000

Three Star Hotels

1. **Hotel Ashoka - Vegetarian**
33, Pantheon Road, Egmore, Chennai - 600 008
☎ : 2855 3377
2. **Hotel New Victoria**
3 Kennet Lane, Egmore, Chennai - 600 008 ☎: 2819 3638
3. **Hotel New Woodlands**
72-75 Dr Radhakrishnan Road, Mylapore, Chennai - 600 004
☎: 2811 3111
4. **Hotel Kanchi**
28 Commander-in-chief Road, Chennai - 600 105
☎: 2827 1100 / 2827 9141.
5. **Hotel Ranjith**
9 Nungambakkam High Road, Chennai - 600 034
☎: 2827 0521/ 2827 7672 / 2827 7673
6. **Hotel Savera**
69 Dr Radhakrishnan Road, Chennai - 600 004
☎: 2811 4700
7. **The Residency**
49, G. N. Chetty Road, T.Nagar, Chennai - 600 017
☎ : 2825 3434
8. **Hotel Goutham Manor**
72, Nungambakkam High Road, Chennai - 600 034
☎ : 2823 1886 / 2823 1885

9. GRT Grand Days

120, Sir Theagaraya Road, T. Nagar, Chennai - 600 017

☎ : 2822 0500 / 2823 6789 / 2826 7509

10. Hotel Regency Golden Sun

No.1 & 2, Hanumanth Rao Street, T.Nagar, Chennai - 600 017

☎ : 2821 4640

Other Hotels

1. Hotel Kerala Lodge

New No.151, Wall Tax Road, Chennai - 600 003

☎ : 2535 0061 / 2533 0237

2. Hotel Blue Diamond

934 Poonamallee High Road, Chennai - 600 008

☎ : 2641 2244 / 2640 4888 / 2642 8901

3. Hotel Rivera

943 Poonamallee High Road, Chennai - 600 084

☎ : 2641 1845 / 2641 1846 / 2641 1847

4. Hotel Guru Pvt. Ltd.

69 Marshalls Road (opp: Rajarathinam Stadium) Chennai - 600 008

☎ : 2855 4057 / 2855 4063 / 2855 4065 / 2855 4066 / 2855 4067

5. Hotel Regent

New No.11 (8), Kennet Lane, Egmore, Chennai - 600 008

☎ : 2819 1347 / 2819 1801-1804

6. Hotel Tourist Home

45, Gandhi Irwin Road, Egmore, Chennai - 600 008 ☎ : 2819 4679

7. Udipi Home

No.1, Halls Road, Opp.Egmore Automatic Signal, Egmore, Chennai-600 008

☎ : 2819 1515

8. Hotel Sri Raghavendra

New No.2 (31), Mayor Sivashanmugam Street, Nungambakkam, Chennai - 600 034.

☎ : 2825 4278

Lodges

1. Thangam Lodge

26 Perinna Maistry Street, Periamet, Chennai - 600 003

☎ : 2561 1625 / 25611465

2. Palace Lodge

32/69 Egmore High Road, Egmore, Chennai - 600 008

☎ : 2819 0687

3. Venus Lodge

New No.17 (9), Wallajah Road, Chennai - 600 002

☎ : 2858 8608

Choultries and Mansions

1. Siddique Sarai

18, Poonamallee High Road, Chennai - 600 003

☎ : 2538 5445

2. Bihar Association

(Rajendra Bhavan) 17, Damodaran Street, Gopalapuram, Chennai - 600 086

☎ : 2811 3371

3. Bengal Mansion

No.5, Meeyan Sahib II Street, Chepauk, Chennai - 600 005

☎ : 2854 9204

4. Maharashtra Mandal

61, E V K Sampath Road, Vepery, Chennai - 600 007

☎ : 2661 8128 / 2661 8440

5. Gujarati Mandal

New No.116 (108), Prakasam Road (Bank of Maharashtra building) Broadway, Chennai - 600 108.

☎ : Off : 2538 4680, 4301 2932 Guest House : 2538 2844

6. The Bengal Association

Office No.29, Giri Road, T. Nagar, Chennai - 600 017

☎ : 2834 0557 (Accommodation)

7. Sindhi Hindu Dharmasala

14, Erulappan Street, Chennai - 600 079

☎ : 2538 8057

8. Agarwal Samaj (Dharmasala)

27, Audiappa Naicken Street, Chennai - 600 079

☎ : 2538 9674 / 2538 7305

9. Gurudwara (Punjab Association)

Guru Nanak Satsangh Sabha, No.127-A, G.N.Chetty Road, T. Nagar, Chennai - 600 017.

☎ : 2834 3509 / 2834 3519

MYTHS

Myth 1 : " Emergency Services are not available"

24 hour Ocular Trauma and Emergency Services are available and supported by ophthalmologists, anesthetists, nurses and Operation Theatre.

Myth2 : "Difficult to get to an appointment"

This is no longer TRUE. Sankara Nethralaya now has FIVE hospitals in Chennai Our friendly counselors will help you with appointment and you can seek priority appointment for any Surgery and Walk — In appointment for LASIK and CATARACT surgeries.

Myth 3 : Tariff is HIGH

Sankara Nethralaya is a Not for profit and Non Commercial organization. The prices charged are reasonable and comparable. There is no compromise on QUALITY, We are an NABH Accredited Hospital.

Myth 4 : Servicing time (Waiting time) is high

Complete eye examination should include

1. Estimating visual acuity
2. Refraction
3. Ocular motility
4. The pupillary reaction
5. Slit lamp biomicroscopy
6. IOP Measurement by Applanation tonometry
7. Retinal evaluation by indirect Ophthalmoscopy.

Did you know? That all the above examinations are done routinely in our hospital and on an average it takes 2-½ hours.

The patients with any abnormalities that are found in the above examination are directed to a specialist with in the hospital as all the specialists are available under one roof. The specialist doctor may subject the patient for further special investigation on the same day depending on the signs and symptoms.

So your time spent in the hospital is purely based on the disease you have. Only with comprehensive eye examination the silent eye diseases (eg., Glaucoma) can be detected.



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(A Unit of Medical Research Foundation)

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Cataract surgery with Foldable intraocular lens.

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Tel. No. : (+91 44) 2827 1616, 4227 1500 Fax : (044) 2825 4180

Email : appointment@snmail.org

Web : <http://www.sankaranethralaya.org>

| Location | Telephone Number | Distance from Chennai Central |
|---|----------------------------------|-------------------------------|
| 18, College Rd, Chennai - 600006. | 42271500 28271616 | 5 km for approx |
| 21, Pycrofts Rd, Chennai | 42271500 28271616 | 5.5 km for approx |
| 73, VenkataKrishna Rd, Near MRTS Mandaveli, Chennai | 24610118 24620352 24951717 | 8 km for approx |
| 8, GST road St. Thomas Mount | 22346022 22341717 | 15 km for approx |
| 39/19, 1st Main Road, EastShenoy Nagar, Chennai-30 | 26641913 | 8 km |

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