

5. Place about this much ( |\_\_\_\_| ) ointment into the pouch. Be careful not to touch the eye or eyelid with the tip of the ointment tube.
6. Close eye gently and roll eye in all directions while eye is closed. Temporary blurring may occur.
7. If you are using more than one kind of ointment at the same time, wait about 10 minutes before use of another ointment.
8. Store medication in a cool place or refrigerator if so indicated on the label.

**Follow directions carefully  
concerning dose and  
duration of use.**

**Never share your  
medications with anyone.**

**Keep all medication out of  
reach of children.**

## Patient Information



## How to Use Eye Drops and Ointments



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## How to Use Eye Drops and Ointments:

You will find written guidelines for use of eye drops and ointments on the label of eye drops bottle or ointment tube.

Your medication should be used as frequently as prescribed by your physician. Work out a schedule for yourself and do your best to use your medication as close as possible to the prescribed dose and frequency.

Eye medications may cause some burning for few minutes. However, if the medication causes redness or swelling of the eyelids or severe itching, please notify your doctor immediately.

Take your medications with you if you intend to stay away over a long period of time and continue to use them as if you were still at home. Bring your medications with you each time you visit the hospital and enquire on their future use before leaving the hospital. Always take your medications as usual on the day of the appointment unless your doctor tells you not to.

Some patients may enquire on the number of eye drops to be taken. The answer is that you should put one or two drops making sure that the eye drop was instilled into the eye.

## How to Clean the Eye:

1. Wash your hands with soap and water.
2. Use a cotton ball to clean your eye.
3. Place the eye wash solution on the cotton ball.
4. Wipe your eye gently from the inside near your nose out toward your ears.
5. Don't use the same cotton more than once.

## How to Place Drops in the Eye:

1. Wash your hands with soap and water.
2. Clean your eye(s).
3. Shake bottle vigorously.
4. Tilt head back and look upward.
5. Gently pull the lower lid away from the eye, forming a pouch. If dropper is supplied, hold the dropper tip down to prevent the drops from flowing back into the bulb and becoming contaminated. Never rinse dropper.
6. Place the drop in the pouch. Do not touch with the bottle or dropper the eye or the eyelid.
7. Replace the cap or dropper on the bottle and tighten.
8. Gently close eye and lightly press your finger against the inner corner for a short period.
9. Never use eye drops that have changed color.
10. If you are using more than one kind of drop at the same time, wait at least five minutes before use of other drops.
11. Store medication in cool place or refrigerator if so indicated on label.

## How to Apply Ointment to the Eye:

1. Wash your hands with soap and water.
2. Clean your eye(s).
3. To improve flow of ointment, hold tube in hand several minutes to warm before use.
4. Look forward and gently pull the lower lid away from the eye forming a pouch.